



# VAAYU

VENKATESHWAR AAROGYAM AYUSHMAN BHAVA



Hope  
Health  
Happiness



## PREVENTION TODAY HEALTH FOREVER

.....

Book your appointment

 72900 72999

 [phc@venkateshwarthospitals.com](mailto:phc@venkateshwarthospitals.com)

# About Venkateshwar Hospital

At Venkateshwar Hospital, dedicated medical practitioners and state-of-the-art technologies have been brought together under one roof for providing ethical medical care. Equipped with

ultramodern equipment and information technology, our practitioners work together as a team to provide the best possible treatment to the patients.



**500**  
Beds



**125**  
ICU Beds



**34**  
Specialities



**14**  
Centres of  
Excellence



**10**  
Modular OTs



**24x7**  
Emergency &  
Trauma



**24x7**  
Blood Bank



**24x7**  
Pharmacy

## Why Venkateshwar Hospital Health Check-up Packages?

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At Venkateshwar Hospital, we understand the importance of early detection & timely treatment. That is why, we have introduced 'VAAYU – Venkateshwar Aarogyam Ayushman Bhava' – Best Preventive Health Check-up Centre to provide comprehensive range of preventive health check-up packages to minimise health risks & detecting diseases at an early stage. Book an appointment today at 72900 72999 for a healthy life.

We offer comprehensive range of preventive health check-up packages for all health conditions at an affordable price





## INSTRUCTIONS

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## Instructions to follow before and during your health check-up

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### Do's

- Report for your health check-up after fasting for a period of 8-10 hours overnight
- Collect urine and stool containers one day prior to your appointed health check-up date. If unable to collect stool container from the hospital, please use a clean container of your choice for collecting stool sample, which can be procured from a local pharmacy
- Delay your morning dose of medications on the day of your health check-up as consuming the dose prior to drawing your blood sample, may impact your results. The medications may include:
  - Anti-diabetics (including insulin)
  - Anti-hypertensive
  - Anti-hypo/hyper thyroidMedication inhalers (asthma and COPD)
- Carry your medication with you for the health check-ups so that you can consume them as soon as you are scheduled or advised to
- For women, who are menstruating on the day of the health check-up, kindly inform the doctors
- In case you are pregnant or if you have missed your period, do inform your doctor immediately on arrival as few tests may carry a risk of exposure to radiation, which may harm the foetus
- Inform the doctors if you are diabetic or are suffering from any cardiovascular disorder/disease
- We encourage you to wear comfortable clothing and footwear on the day of your health check-up. You may need to change clothes as required for some tests as well

### Don'ts

- Consume any solids or liquids except for water during your period of fasting
- Use any container other than the container provided by the hospital for collecting urine samples
- Smoke/chew tobacco/consume alcohol on the day of your health check-up
- Person undergoing a whole body check-up are advised to refrain from using deodorants/talcum powder on the day of the health check-up



**Our  
comprehensive  
preventive health  
check-up generic  
packages**

## **BRONZE PACKAGE**



**He who has health  
has hope and he who has  
hope, has everything**



## BRONZE PACKAGE

Recommended for men below  
45 years of age

## CONSULTATIONS

- General physician
- Dietician

## INVESTIGATIONS

- Detailed medical history and clinical examination
- CBC
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- TSH
- Lipid profile
- SGOT, SGPT, Serum bilirubin
- Serum creatinine
- Blood urea
- Urine analysis
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- ECG
- BMI

~~₹ 10160/-~~  
**₹ 4000/-**  
only



## BRONZE PACKAGE



**Take care of your body,  
it is the only one you have**

## BRONZE PACKAGE

Recommended for women below 45 years of age

## CONSULTATIONS

- Gynaecologist
- General physician
- Dietician

## INVESTIGATIONS

- Detailed medical history and clinical examination
- CBC
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- TSH
- Lipid profile
- SGOT, SGPT, Serum bilirubin
- Serum creatinine
- Blood urea
- Urine analysis
- Pap smear
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- ECG
- BMI

~~₹ 11000/-~~  
₹ 4500/-  
only



## **SILVER PACKAGE**



**Health is a state of mind,  
wellness is a state of being**

## SILVER PACKAGE

Recommended for men below  
45 years of age

## CONSULTATIONS

- General physician
- Dietician
- Ophthalmologist

## INVESTIGATIONS

- Detailed medical history and clinical examination
- Complete haemogram
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- HbA1c
- TSH
- Lipid profile
- Liver function
- Kidney function
- Urine analysis
- Stool test (Routine and microscopy)
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- PFT
- ECG
- TMT
- BMI

~~₹ 18180/-~~  
**₹ 7000/-**  
only



## SILVER PACKAGE



**Your body will be around a lot longer if you invest in yourself**

## SILVER PACKAGE

Recommended for women below 45 years of age

## CONSULTATIONS

- Gynaecologist
- General physician
- Dietician
- Ophthalmologist

## INVESTIGATIONS

- Detailed medical history and clinical examination
- Complete haemogram
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- HbA1c
- TSH
- Lipid profile
- Liver function
- Kidney function
- Urine analysis
- Stool test (Routine and microscopy)
- Pap smear
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- PFT
- ECG
- TMT
- BMI

~~₹ 18180/-~~  
**₹ 7000/-**  
only



## **GOLD PACKAGE**



**The preservation of  
health is easier than the cure  
of the disease**



## GOLD PACKAGE

Recommended for men desiring a more comprehensive health check-up

## CONSULTATIONS

- Cardiologist
- Dentist
- Dietician
- ENT
- General physician
- Ophthalmologist

## INVESTIGATIONS

- Detailed medical history and clinical examination
- Complete haemogram
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- HbA1c
- TSH
- Lipid profile
- Liver function
- Kidney function
- S. calcium
- Vitamin D3
- Urine analysis
- Stool test (Routine and microscopy)
- PSA
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- PFT
- ECG
- TMT or ECHO
- BMI

~~₹ 27500/-~~

₹ 10500/-  
only



**GOLD PACKAGE**



**A healthy outside starts  
from the inside**

## GOLD PACKAGE

Recommended for women desiring a more comprehensive health check-up

## CONSULTATIONS

- Gynaecologist
- Cardiologist
- Dentist
- Dietician
- ENT
- General physician
- Ophthalmologist

## INVESTIGATIONS

- Detailed medical history and clinical examination
- Complete haemogram
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- HbA1c
- TSH
- Lipid profile
- Liver function
- Kidney function
- S. calcium
- Vitamin D3
- Urine analysis
- Stool test (Routine and microscopy)
- Pap smear
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- PFT
- ECG
- TMT or ECHO
- Mammogram (>40)
- USG breast (<40)
- BMI

~~₹ 27010/-~~

₹ 11500/-  
only



## DIAMOND PACKAGE



Success begins with hardwork,  
happiness begins with  
good health

## DIAMOND PACKAGE

Recommended for men  
above 45 years of age

### CONSULTATIONS

- Cardiologist
- Dentist
- Dietician
- ENT
- General physician (Adult vaccination counselling)
- Ophthalmologist

### INVESTIGATIONS

- Detailed medical history and clinical examination
- Complete haemogram
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- HbA1c
- Homocysteine
- HBsAg
- hs-CRP (high sensitivity c-reactive protein)
- TSH
- Lipid profile
- Liver function
- Kidney function
- S. calcium

- Vitamin D3
- Vitamin B12
- HCV antibody & HIV-1 & HIV-2
- Urine analysis
- Stool test (Routine and microscopy)
- PSA
- Ultrasound (Whole abdomen)
- ECG
- TMT
- 2D ECHO
- X-ray (Chest)
- PFT
- DEXA (2 sites)
- BMI



**DIAMOND PACKAGE**



**Love yourself enough  
to live a healthy lifestyle**

## DIAMOND PACKAGE

Recommended for women  
above 45 years of age

### CONSULTATIONS

- Gynaecologist
- Cardiologist
- Dentist
- Dietician
- ENT
- General physician (Adult vaccination counselling)
- Ophthalmologist

### INVESTIGATIONS

- Detailed medical history and clinical examination
- Complete haemogram
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- HbA1c
- Homocysteine
- HBsAg
- hs-CRP (high sensitivity c-reactive protein)
- TSH
- Lipid profile
- Liver function

- Kidney function
- S. calcium
- Vitamin D3
- Vitamin B12
- HCV antibody & HIV-1 & HIV-2
- Urine analysis
- Stool test (Routine and microscopy)
- Pap smear
- Ultrasound (Whole abdomen)
- ECG
- TMT
- 2D ECHO
- X-ray (Chest)
- PFT
- Mammogram
- DEXA (2 sites)
- BMI



## **PLATINUM HEALTH CHECK-UP PACKAGE**



**Being healthy is not just a trend, it is a lifestyle**



## PLATINUM HEALTH CHECK-UP (COLONOSCOPY)

Recommended for a comprehensive check-up (includes colonoscopy)

### CONSULTATIONS

- Cardiologist
- Dentist
- Dietician
- ENT
- General physician
- Ophthalmologist

### INVESTIGATIONS

- CBC
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- Chloride (Serum)
- HBsAG
- Thyroid profile
- Lipid profile
- Liver function
- Kidney function
- HCV antibody & HIV-1 & HIV-2
- Urine (Routine and microscopy)
- Stool (Routine and microscopy)
- Stool occult blood
- PSA
- Ultrasound (Whole abdomen)
- PFT
- X-ray (Chest)
- Audiometry
- ECG
- Stress ECHO
- CT coronary angiography
- Ultrasound colour doppler-carotid
- MRI screening (Brain)
- MRI screening (Whole spine)
- Upper GI colonoscopy

~~₹ 72000/-~~  
**₹ 38000/-**  
only

## **PLATINUM HEALTH CHECK-UP PACKAGE**



**The best investment  
you can ever make is  
in your own health**

## PLATINUM HEALTH CHECK-UP (COLONOSCOPY)

Recommended for a comprehensive check-up (includes colonoscopy)

### CONSULTATIONS

- Gynaecologist
- Cardiologist
- Dentist
- Dietician
- ENT
- General physician
- Ophthalmologist

### INVESTIGATIONS

- CBC
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- Chloride (Serum)
- HBsAG
- Thyroid profile
- Lipid profile
- Liver function
- Kidney function
- HCV antibody & HIV-1 & HIV-2
- Urine (Routine and microscopy)
- Stool (Routine and microscopy)
- Stool occult blood
- Cytology PAP smear
- Ultrasound (Whole abdomen)
- Mammogram
- X-ray (Chest)
- Audiometry
- ECG
- Stress ECHO
- CT Coronary Angiography
- Ultrasound colour doppler-carotid
- MRI screening (Brain)
- MRI screening (Whole spine)
- Upper GI colonoscopy
- Whole body BMD

~~₹ 78000/-~~  
**₹ 40000/-**  
only

## **PLATINUM HEALTH CHECK-UP PACKAGE**



**It's never too early  
or too late to work towards  
being the healthiest you**

## PLATINUM HEALTH CHECK-UP (ENDOSCOPY)

Recommended for a comprehensive check-up (includes endoscopy)

### CONSULTATIONS

- Cardiologist
- Dentist
- Dietician
- ENT
- General physician
- Ophthalmologist

### INVESTIGATIONS

- CBC
- Blood grouping & Rh typing
- Blood Sugar (F & PP)
- Glycosylated haemoglobin
- Chloride (Serum)
- HBsAG
- Thyroid profile
- Lipid profile
- Liver function
- Kidney function
- HCV antibody & HIV-1 & HIV-2
- Urine (Routine and microscopy)
- Stool (Routine and microscopy)
- Stool occult blood
- PSA
- Ultrasound (Whole abdomen)
- PFT
- X-ray (Chest)
- Audiometry
- ECG
- Stress ECHO
- CT coronary angiography
- Ultrasound colour doppler-carotid
- MRI screening (Brain)
- MRI screening (Whole spine)
- Upper GI endoscopy

~~₹ 63000/-~~

₹ 35000/-  
only

## **PLATINUM HEALTH CHECK-UP PACKAGE**



**Health is the  
greatest of human blessings**

## PLATINUM HEALTH CHECK-UP (ENDOSCOPY)

Recommended for a comprehensive check-up (includes endoscopy)

### CONSULTATIONS

- Gynaecologist
- Cardiologist
- Dentist
- Dietician
- ENT
- General physician
- Ophthalmologist

### INVESTIGATIONS

- CBC
- Blood grouping & Rh typing
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- Chloride (Serum)
- HBsAG
- Thyroid profile
- Lipid profile
- Liver function
- Kidney function
- HCV antibody & HIV-1 & HIV-2
- Urine (Routine and microscopy)
- Stool (Routine and microscopy)
- Stool occult blood
- PAP smear
- Ultrasound (Whole abdomen)
- Mammogram
- PFT
- X-ray (Chest)
- Audiometry
- ECG
- Stress ECHO
- CT coronary angiography
- Ultrasound colour doppler-carotid
- MRI screening (Brain)
- MRI screening (Whole spine)
- Upper GI endoscopy
- Whole body BMD

~~₹ 70000/-~~  
₹ 38000/-  
only

## HEALTHY YOUNG ONES



**The best cure for a disease  
is to never catch it**



## HEALTHY YOUNG ONES

Recommended for kids between  
5 years-12 years

## CONSULTATIONS

- Paediatrician
- Dentist
- ENT
- Ophthalmologist
- Dietician

## INVESTIGATIONS

- Complete haemogram
- Blood grouping & Rh typing
- Thyroid profile
- Liver profile
- Mantoux test
- Urine analysis
- Stool test (Routine and microscopy)
- Audiometry (Hearing test)

~~₹ 6500/-~~  
**₹ 3000/-**  
only







**Our  
comprehensive  
preventive health  
check-up speciality  
packages**

## PREVENTIVE OBESITY PACKAGE



**Health is like money,  
we never have a true idea of  
its value, until we lose it**

## PREVENTIVE OBESITY PACKAGE

Recommended for all overweight individuals

### CONSULTATIONS

- Dietician
- Endocrinologist
- Bariatric surgeon
- Physiotherapist

## INVESTIGATIONS

- CBC
- Blood sugar (F & PP)
- Serum insulin
- HbA1c
- Thyroid profile
- Lipid profile
- Liver function
- Kidney function
- Vitamin D3
- Urine (Routine and microscopy)
- Ultrasound (Whole abdomen)
- BMI

~~₹ 15000/-~~  
**₹ 7500/-**  
only



## LUNG CARE PACKAGE



**Health is not being disease-free,  
it's when every cell of  
your body bounces with joy**

## LUNG CARE PACKAGE

Recommended for people of all age groups with breathing problems

### CONSULTATIONS

- Pulmonologist
- General physician

### INVESTIGATIONS

- CBC
- ESR
- Blood sugar (F & PP)
- Bilirubin (Total and direct)
- ALT/SGPT
- Serum creatinine
- Blood urea nitrogen
- Uric acid
- Urine (Routine and microscopy)
- X-ray (Chest)
- PFT
- ECG
- Serum (IGE)

~~₹ 5600/-~~  
₹ 3500/-  
only



## COMPREHENSIVE CARDIAC SCREENING PACKAGE



**Health does not always come  
from medicine, but from within**



## COMPREHENSIVE CARDIAC SCREENING PACKAGE

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Recommended for all individuals,  
both men and women

### CONSULTATIONS

---

- Cardiologist
- Dietician

### INVESTIGATIONS

---

- CBC
- Random blood sugar
- Lipid profile
- Serum creatinine
- Blood urea
- ECG
- ECHO or TMT (as recommended  
by the doctor)
- X-ray

~~₹ 7200/-~~  
₹ 4500/-  
only



## CARDIAC CARE PLUS PACKAGE



**Every human being is the  
author of his own  
health or disease**

## CARDIAC CARE PLUS PACKAGE

Recommended for all individuals,  
both men and women

### CONSULTATIONS

- Cardiologist
- General physician
- Dietician

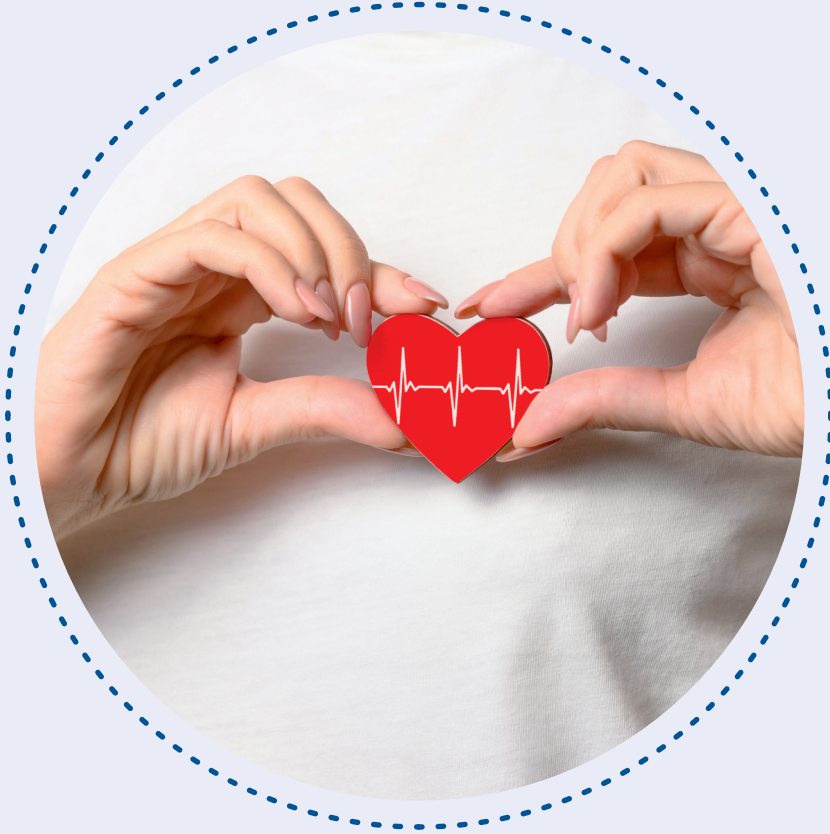
### INVESTIGATIONS

- CBC
- Blood sugar (F & PP)
- Lipid profile
- Liver function
- Kidney function
- Urine (Routine and microscopy)
- X-ray (Chest)
- ECG
- TMT
- 2D ECHO

~~₹ 9800/-~~  
₹ 5500/-  
only



## CARDIAC ADVANCED CARE PACKAGE



**Be grateful for your body,  
be grateful for your health**

## CARDIAC ADVANCED CARE PACKAGE

An extensive heart health check-up recommended for all individuals

### CONSULTATIONS

- Cardiologist
- General physician
- Dietician

### INVESTIGATIONS

- CBC
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- Lipid profile
- Liver function
- Kidney function
- Chloride (Serum)
- Homocysteine
- hs-CRP (High sensitivity c-reactive protein)
- Urine (Routine and microscopy)
- X-ray (Chest)
- ECG
- TMT
- 2D ECHO
- Carotid IMT
- TSH

~~₹ 17400/-~~  
₹ 9000/-  
only



## BASIC DIABETES PACKAGE



**A healthy body and mind is  
the best fashion statement**

## BASIC DIABETES PACKAGE

Recommended for all individuals,  
both men and women

### CONSULTATIONS

- Endocrinologist
- Dietician
- Ophthalmologist

## INVESTIGATIONS

- CBC
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- TSH
- Lipid profile
- Liver function
- Kidney function
- Urine-albumin/creatinine ratio
- Urine (Routine and microscopy)
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- ECG

~~₹ 9500/-~~  
**₹ 5000/-**  
only



## EXTENDED DIABETES PACKAGE



**Think positive, eat better,  
exercise often and  
feel good at all times**



## EXTENDED DIABETES PACKAGE

Recommended for all individuals, both men and women

### CONSULTATIONS

- Endocrinologist
- Dietician
- Ophthalmologist

## INVESTIGATIONS

- CBC
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- TSH
- Lipid profile
- Liver function
- Kidney function
- Urine-albumin/creatinine ratio
- Urine (Routine and microscopy)
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- ECG
- 2D ECHO
- TMT

~~₹ 17000/-~~  
₹ 8500/-  
only



## COMPREHENSIVE DIABETES PACKAGE



**Happiness is the highest  
form of health**

## COMPREHENSIVE DIABETES PACKAGE

---

Recommended for all individuals, both men and women

### CONSULTATIONS

---

- Endocrinologist
- Dietician
- Ophthalmologist

### INVESTIGATIONS

---

- CBC
- Blood sugar (F & PP)
- Glycosylated haemoglobin
- TSH
- Lipid profile
- Liver function
- Kidney function
- Vitamin D3
- Vitamin B12
- Urine-albumin/creatinine ratio
- Urine (Routine and microscopy)
- Ultrasound (Whole abdomen)
- X-ray (Chest)
- ECG
- 2D ECHO
- TMT
- Fibroscan

~~₹ 20500/-~~  
**₹ 9500/-**  
only



## **WOMEN HEALTH PACKAGE**



**Be active,  
be healthy, be happy**

## WOMEN HEALTH PACKAGE

Recommended for women aged  
40 years or below

### CONSULTATIONS

- Gynaecologist
- Dietician

### INVESTIGATIONS

- CBC
- Random blood sugar
- Pap smear
- Ultrasound (Pelvis)
- X-ray (Chest)

~~₹ 10500/-~~  
**₹ 4000/-**  
only



## WOMEN HEALTH PACKAGE



**The greatest  
wealth is health**

## WOMEN HEALTH PACKAGE

Recommended for women aged 45 years or above, post-menopausal women and women, who have a strong family history of cancer

## CONSULTATIONS

- Gynaecologist
- Dietician

## INVESTIGATIONS

- CBC
- FBS - Glucose (Fasting)
- X-ray (Chest)
- USG (Lower abdomen)
- Pap smear
- Mammography
- USG both breast (If under 40 years)

~~₹ 12000/-~~  
**₹ 4500/-**  
only



## WELL WOMEN CARE PLUS PACKAGE



**Fall in love with taking  
care of yourself**



## WELL WOMEN CARE PLUS PACKAGE

Recommended for women aged above 40 years of age

### CONSULTATIONS

- General physician
- Gynaecologist
- Dietician

### INVESTIGATIONS

- Complete haemogram
- Blood sugar (F & PP)
- HbA1C
- TSH
- Lipid profile
- Liver function
- Kidney function
- Urine (Routine & microscopy)
- Pap smear
- Ultrasound (Whole abdomen)
- Ultrasound (Breast)
- Mammogram (Above 40 years)
- X-ray (Chest)
- ECG

~~₹ 13600/-~~  
₹ 6000/-  
only



# CENTRES OF EXCELLENCE



Cardiac  
Sciences



Oncology &  
Bone Marrow  
Transplant



Renal  
Sciences



Orthopaedics  
& Joint  
Replacement



Pulmonology  
& Sleep  
Medicine



Neuro  
Sciences



Gastro  
Sciences &  
Liver Transplant



Critical  
Care



Dental  
Sciences



Emergency  
Medicine



Obstetrics &  
Gynaecology



Transplant  
Medicine



Imaging &  
Interventional  
Radiology

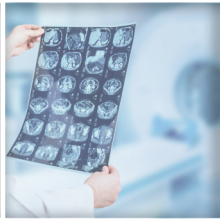
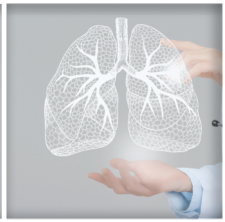
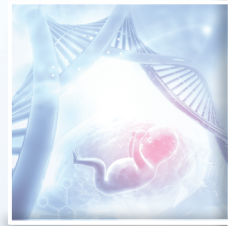


Pathology &  
Lab Medicine

# CLINICAL SPECIALITIES

- Anaesthesia
- Bariatric & Weight Loss Surgery
- Clinical Psychology
- Dermatology & Aesthetics
- Developmental & Behavioural Paediatrics
- Diabetes, Endocrinology & Metabolic Disorders
- Dietetics & Nutrition
- ENT & Cochlear Implants
- Foetal Medicine
- General & Laparoscopic Surgery
- Internal Medicine
- Nuclear Medicine
- Ophthalmology
- Paediatrics & Neonatology
- Pain Management
- Physiotherapy
- Plastic, Reconstructive & Cosmetic Surgery
- Psychiatry
- Rheumatology
- Transfusion Medicine





# **VENKATESHWAR HOSPITAL**

*.....Divinity in Healthcare*

The Leading Multi Super-Speciality Hospitals

Sector 18A, Dwarka 📍  
New Delhi-110075

011 48 555 555 📞

[www.venkateshwarhospitals.com](http://www.venkateshwarhospitals.com) 🌐

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